



CRESTA RUN (Up to 15 people and 6 years +)

This activity area should only be entered when the group is booked to do so.

Individuals who have completed the Self-led/Instructor-led activity registration form for Cresta Run must be present for the entire duration of the activity.

For Self-led activities, please arrive at the activity office 10 minutes before your session start time to collect keys/equipment. At the end of your session, please return these back to the activity office promptly.

For Instructor-led activities, please meet your instructor at the activity area at your session time.

All activities involve risks of some kind, but with good training, proper equipment and responsible leadership, these risks can be minimised to provide adventure and fun for everyone.

CRESTA RUN OPERATING GUIDELINES

1. Cresta Run must conform to Policy, Organisation and Rules ("POR") of The Scouts.
2. An individual who has completed the Cresta Run Self-led/Instructor-led activity registration form must be present, for the entire duration of the activity.
3. Suitable footwear must be worn and securely tightened.
4. All persons must be wearing a helmet when riding.
5. Before starting you must ensure that all participants can fit in the cart and are able to pull up the brake handles.
6. Do not start until the lane is clear.
7. All persons must always keep their arms and feet in when riding with hands on brakes.
8. All participants must pull up the brake handles before nearing the end of the track.
9. All persons may only leave their cart at the bottom when everyone else has come to a stop.
10. Do not walk up the track or raised sections at any time.
11. All carts should be taken to the end of the lanes and not pulled over the lane dividers.
12. Ensure everyone understands the signage.
13. For group management, an additional competent adult should be present supervising the individuals that are not engaged on the activity.
14. Everyone must ensure safety at all times.
15. The session will be stopped immediately should any of these guidelines not be adhered to.
16. If there is a change in the weather/environment or the equipment/activity becomes unusable the session must be stopped immediately.

ACTIVITY EQUIPMENT / AREA DEFECTS

It is important to check the equipment and environment is safe before starting your session. Any defects before, during or after your session must be reported to a member of Hertfordshire Scouts staff and reported via the QR code form.

