

Session Plan – Orienteering/ Photo Hunt/ 6-Figure

Key Stage: 1,2,3,4	Activity Aims & Learning Outcomes (suggested content and uses of activity):
To practice teamwork, cooperation, and communication skills To develop map reading skills	Enjoyment Social and Emotional Awareness Environmental awareness Activity Skills Personal qualities Skills for Life Health and Wellbeing Broaden Horizons

Suggested session format:

	Duration:	Activity	Resources
Session Preparation:		<ul style="list-style-type: none"> • Activity area pre check • Check group information – any medical needs, special requirements, group size etc. 	Activity Operating guidelines
Start/ Safety Talk	10 mins	<ul style="list-style-type: none"> • Welcome & activity introduction. • Set the scene – think about group and what they wish to achieve. • Consider learning outcomes of group and individuals and reviewing thereof during the session • Safety brief- highlight relevant safety points as listed in activity operating guidelines i.e., know where there start and end points and boundaries are. 	
During the Session:	45 mins	<ul style="list-style-type: none"> • Manage participants ensuring Health and Safety is always adhered to, i.e., ensure the groups are safely crossing the roads. • Encourage all participants • Be enthusiastic! • Challenge the confident participants appropriately. 	Orienteering/ Photo Hunt/ 6-Figure Activity Packs
Extension Activities:		<ul style="list-style-type: none"> • Competition i.e., time-trials- how quickly can they do the task? 	
Review:	5 mins	<ul style="list-style-type: none"> • Confirm any learning that may have taken place. • Ensure equipment is returned to reception ready for next group. • Report any incidents/faults to office or line manager 	