

Session Plan – Minigolf

Key Stage: 1,2,3,4	Activity Aims & Learning Outcomes (suggested content and uses of activity):
To learn how to play golf Encourage and support others Improve numeracy	Enjoyment Confidence Social Awareness Activity Skills Personal Qualities Key Skills Health and Fitness Broadened Horizons Increased Motivation and Appetite for Learning

Suggested session format:

	Duration:	Activity	Resources
Session Preparation:		<ul style="list-style-type: none"> Activity area pre check Check group information – any medical needs, special requirements, group size etc. 	Activity Operating guidelines
Start/ Safety Talk:	10 mins	<ul style="list-style-type: none"> Welcome and activity introduction of activity. Explain the aim is to get the golf ball into the hole. Give participants score cards. Set the scene – think about group and what they wish to achieve Consider learning outcomes of group and individuals and reviewing thereof during the session Safety brief- highlight relevant safety points as listed in activity operating guidelines i.e., do not swing clubs any higher than waist height. 	Score Cards
During the Session:	45 mins	<ul style="list-style-type: none"> Manage participants ensuring Health and Safety is adhered to at all times. Rotate participants so that all people have a go. Motivate participants to score goals. Be enthusiastic! 	Score Cards, Clubs, Balls
Extension Activities:		<ul style="list-style-type: none"> Competition 	
Review:	5 mins	<ul style="list-style-type: none"> Confirm any learning that may have taken place. Ensure equipment is returned to reception ready for next group. Report any incidents/faults to office. 	