

ROLLING ROCK

(Up to 15 people and 6 years +)

This activity area should only be entered when the group is booked to do so.

Individuals who have completed the Self-led/Instructor-led activity registration form for Rolling Rock must be present for the entire duration of the activity.

For Self-led activities, please arrive at the activity office 10 minutes before your session start time to collect keys/equipment. At the end of your session, please return these back to the activity office promptly.

For Instructor-led activities, please meet your instructor at the activity area at your session time.

All activities involve risks of some kind, but with good training, proper equipment and responsible leadership, these risks can be minimised to provide adventure and fun for everyone.

ROLLING ROCK OPERATING GUIDELINES

- 1. Rolling Rock must conform to Policy, Organisation and Rules ("POR") of The Scouts.
- 2. An individual who has completed the Rolling Rock Self-led/Instructor-led activity registration form must be present, for the entire duration of the activity.
- 3. The minimum age is 6 years old and/or 1.2m/3ft 11inch in height.
- 4. Younger children should be advised not to climb higher than 1 metre from the bottom of the climbing surface.
- 5. No loose jewellery, key chains or scarf/neckerchiefs to be worn around the neck.
- 6. Suitable footwear must be worn for example no high heels.
- 7. The Rock is a strenuous activity and must not be used if you have back/neck injuries or pains, if you are pregnant, have a heart condition or any other condition not suited to strenuous physical activity.
- 8. Never jump off the Rock always ride the rock to the floor then step off or climb down if it has stopped.
- 9. Spectators must stay off the mats.
- 10. The outside door must be kept unlocked whilst the Rolling Rock is in operation.
- 11. In the event of the Rock not responding to the controls, an emergency stop button is located on the console.
- 12. For group management, an additional competent adult should be present supervising the individuals that are not engaged on the activity.
- 13. Everyone must ensure safety at all times.
- 14. The session will be stopped immediately should any of these guidelines not be adhered to.
- 15. If there is a change in the weather/environment or the equipment/activity becomes unusable the session must be stopped immediately.

PLEASE DO NOT TURN OFF THE ROCK.

ACTIVITY EQUIPMENT / AREA DEFECTS

It is important to check the equipment and environment is safe before starting your session. Any defects before, during or after your session must be reported to a member of Hertfordshire Scouts staff and reported via the QR code form.

