

# ABSEILING

(Up to 15 people and 8 years +)

This activity area should only be entered when the group is booked to do so.

Individuals who have completed the Self-led/Instructor-led activity registration form for Abseiling must be present for the entire duration of the activity.

For Self-led activities, please arrive at the activity office 10 minutes before your session start time to collect keys/equipment. At the end of your session, please return these back to the activity office promptly.

For Instructor-led activities, please meet your instructor at the activity area at your session time.

All activities involve risks of some kind, but with good training, proper equipment and responsible leadership, these risks can be minimised to provide adventure and fun for everyone.

## ABSEILING OPERATING GUIDELINES

1. All Abseiling carried out must conform to Policy, Organisation and Rules ("POR") of The Scouts.
2. The instructor must be authorised to carry out the activity and instruct to those standards.
3. The tower must be rigged as agreed with the centre.
4. All persons using the tower must have permission to do so.
5. A maximum number of 8 people are allowed on the top platform at any one time and must be clipped on at all times.
6. Suitable footwear must be worn and securely tightened.
7. Body piercings must be removed and long hair tied back.
8. All harnesses and helmets should be fitted correctly before starting to climb the staircase.
9. Only two people may be on the staircase at any one time.
10. You should only climb the staircase, holding the handrails, if the instructor at the top has requested you to do so and you have a helmet and harness fitted.
11. A competent person should be at the bottom of the tower, wearing a helmet, to control those going up or take off ropes from those coming down the wall.
12. For group management, an additional competent adult should be present supervising the individuals that are not engaged on the activity.
13. Everyone must ensure safety at all times.
14. The session will be stopped immediately should any of these guidelines not be adhered to.
15. If there is a change in the weather/environment or the equipment/activity becomes unusable the session must be stopped immediately.

### ACTIVITY EQUIPMENT / AREA DEFECTS

**It is important to check the equipment and environment is safe before starting your session. Any defects before, during or after your session must be reported to a member of Hertfordshire Scouts staff and reported via the QR code form.**

