



# KAYAK & CANOEING

(Up to 15 people and 8 years +)

This activity area should only be entered when the group is booked to do so.

Individuals who have completed the Self-led/Instructor-led activity registration form for Kayak & Canoeing must be present for the entire duration of the activity.

For Self-led activities, please arrive at the activity office 10 minutes before your session start time to collect keys/equipment. At the end of your session, please return these back to the activity office promptly.

For Instructor-led activities, please meet your instructor at the activity area at your session time.

All activities involve risks of some kind, but with good training, proper equipment and responsible leadership, these risks can be minimised to provide adventure and fun for everyone.

## KAYAK & CANOEING OPERATING GUIDELINES

1. All Kayaking & Canoeing carried out must conform to Policy, Organisation and Rules (“POR”) of The Scouts.
2. The instructor must be authorised to carry out the activity and instruct to those standards.
3. The ratio is 1:8 – one instructor – eight Kayakers/Canoeists.
4. Buoyancy aids should be fitted correctly to everyone before the session.
5. All persons must be able to swim 50 metres clothed.
6. An adult/competent person should be looking after anyone not Kayaking/Canoeing and should have them seated on the waterside and able to assist the instructor if required.
7. Consideration and caution must be given to other users.
8. Suitable footwear must be worn and securely tightened.
9. A throwline must be readily available.
10. For group management, an additional competent adult should be present supervising the individuals that are not engaged on the activity.
11. Everyone must ensure safety at all times.
12. The session will be stopped immediately should any of these guidelines not be adhered to.
13. If there is a change in the weather/environment or the equipment/activity becomes unusable the session must be stopped immediately.

### ACTIVITY EQUIPMENT / AREA DEFECTS

**It is important to check the equipment and environment is safe before starting your session. Any defects before, during or after your session must be reported to a member of Hertfordshire Scouts staff and reported via the QR code form.**

